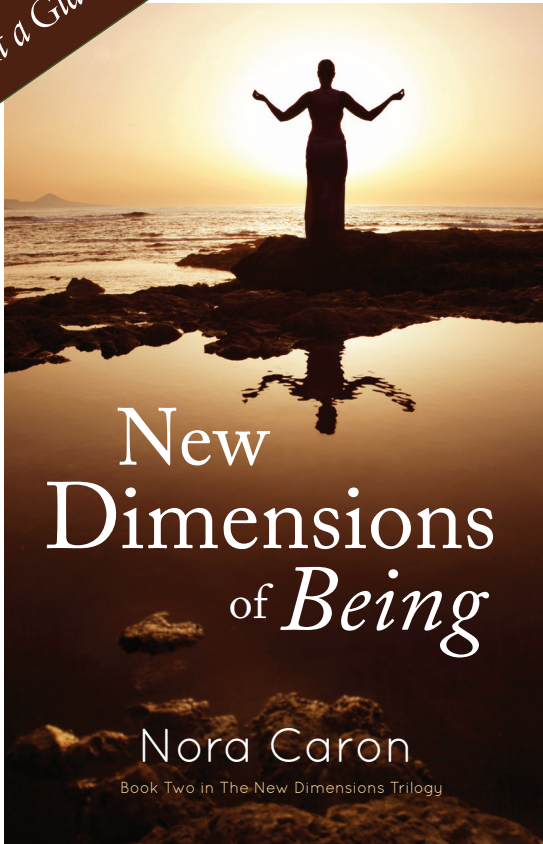


The Book At a Glance



“An intriguing new voice in spiritual literature.”

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In this sequel to *Journey to the Heart*, Lucina is haunted by terrible recurring nightmares. Unsure of what they represent, Teleo and her seek answers but the quest opens up many new areas of life Lucina is not certain she can cope with. Discovering that she is pregnant, Lucina faces a huge decision: Is she ready to become a mother or not? As Lucina stumbles around to find the right path for her, she realizes that keeping love alive is much more complicated than she originally thought.

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“Nora Caron pens an inspiring read about the unexpected mysteries and magic of life.”

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“In her latest spiritual novel, Caron explores Lucina’s adaptation to her new life in Mexico, her awakening to her feminine power, and her quest to discover her true self as she opens to the wisdom of the ancients.”

—DIANA BURNEY, author of *Spiritual Clearings: Sacred Practices to Release Negative Energy and Harmonize Your Life*

Photo taken by Samuel Keaton



After struggling through the academic world, Nora realized that she was not destined to chalk up the past but rather pave a new path for souls that were feeling disoriented in the modern-day materialistic world. In her writings, she speaks of the necessity to return to nature, to our original selves, and to govern our emotions in order to achieve true peace. Nora speaks four languages, has a Masters degree in English literature, and enjoys dabbling in acting and music.

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