



Sylvan Crone

A MIDLIFE QUEST

Heather
Durham

In this third collection, Heather Durham invites you into the lush terrain of a feral human in relationship with the more-than-human world, encountering new insights in the realms of folklore, feminism, ecophysiology, mental illness, and mysticism. Entering midlife as a single, queer, non-mothering, hypersensitive, forest-dwelling hermit in the midst of personal and cultural turmoil, she finds herself continually engaged with the question, who am I, and in these essays discovers twenty unique, profound, visceral, evocative, and still-evolving answers. At once restless and rooted, these lyric forays immerse in a single ecological landscape—in relationship with black bear and coyote, cedar and hemlock, water ouzel, and chickadee, salmon, and stream—and yet they range far, epic meanderings in the vast and changeable internal wilderness of a lifelong seeker.



Published by Wayfarer Books

PBK 978-1-965320-32-7

Pub March 4, 2025 / Trade Paperback / 120pp / 5.5 x 8.5

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HEATHER DURHAM is a bird-watching, tree-sitting, journal-scribbling hermit with an MS in environmental biology and an MFA in creative nonfiction. She is the author of *Wolf Tree: An Ecopsychological Memoir in Essays* from Homebound Publications (2022), and *Going Feral: Field Notes on Wonder and Wanderlust* from Wandering Aengus Press (2019). Born and raised in New England, Heather currently lives, writes, and plays on the traditional lands of the Snohomish and Snoqualmie tribes, in the Cascades foothills of the Pacific Northwest.

